

SAMPLE ARTICLE FROM US Dept. Health and Human Services  
<https://healthfinder.gov/NHO/MarAnnounce.aspx>

Colorectal cancer is the third most common cancer in the United States and the second leading cause of death from cancer. Colorectal cancer affects all racial and ethnic groups and is most often found in people ages 50 and older.

The best way to prevent colorectal cancer is to get screened regularly starting at age 50. There are often no signs or symptoms of colorectal cancer – that’s why it’s so important to get screened.

To increase awareness about the importance of colorectal cancer screening, **[your organization]** is proudly participating in Colorectal Cancer Awareness Month. Locally, **[fill in statistics]** are affected by colorectal cancer.

- **[Add details about your local activities.]**
- **[Include quote from your organization.]**

People over age 50 have the highest risk of colorectal cancer. You may also be at higher risk if you are African American, smoke, or have a family history of colorectal cancer.

Everyone can take these healthy steps to help prevent colorectal cancer:

- Get screened starting at age 50.
- Encourage your family members and friends over age 50 to get screened.
- Quit smoking and stay away from secondhand smoke.
- Get plenty of physical activity and eat healthy.

For more information, visit **[insert your organization information]**